

# Sara Joyce (Joy) Munden

Sara Joyce (Joy) Munden passed away on August 29, 2021. Ms. Munden was born January 17, 1950, in Winston-Salem, NC to the late Thomas C. Munden Sr. and Sara Joyce Munden. She is survived by her brother Tom Munden, Jr., sister Julie Moore, sister-in-law Robin Munden, brother-in-law J Moore, nephew Carl Munden and nieces Caroline Moore and Emily Anne Moore.

Joy graduated from Reynolds High School in 1968. She went on to earn her Bachelor's degree from Meredith College and her Masters in Social Work from the University of North Carolina at Chapel Hill. During her career, Joy worked at both Wake Forest Baptist Hospital and Moses Cone Hospital. One of her passions was helping patients with alternative approaches to pain management when traditional methods had been exhausted.

As an avid lover of the arts, Joy often attended live performances of theater and orchestra. She loved art shows and was a dedicated collector. Joy endeavored to live life to the fullest and had many interests. She enjoyed bridge, reading, eating out and trying new restaurants, exploring museums, and spending time with family and friends. She was a devoted animal lover and especially adored her golden retrievers as well as her beloved cats. In her later years, she became a bird enthusiast and created a magical backyard environment where many types of birds often visited.

Joy faced chronic health problems throughout her life with the utmost grace and dignity. She rose above her physical limitations and was a paragon of strength to all who knew her. She will be missed beyond measure.

We sincerely thank her dedicated group of health care workers who supported her so much over the last years of her life. We also want to thank the wonderful doctors and nurses at the Kate B. Reynolds Hospice Home.

Due to the current prevalence of the Covid virus, a Celebration of Life event will be planned for family and friends in the fall.

In lieu of flowers, donations can be made in the memory of Joy Munden to Susie's Hope Nonprofit, [susieshope.com](http://susieshope.com), P. O Box 1589, Skeet Club Road, Suite 102-227, High Point, NC 27265, or Doctors Without Borders, [donate.doctorswithoutborders.org](http://donate.doctorswithoutborders.org), or a charity of the donor's choice.

Online condolences may be made to [www.salemfh.com](http://www.salemfh.com).

## Events

A service will be held at a later date.

## Memorial Contributions

Doctors Without Borders